
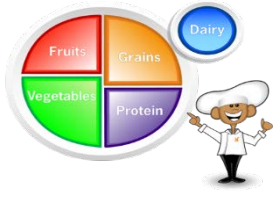


JACKSON COUNTY

MIDDLE & HIGH SCHOOL MENU 2017-2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast *Week 2	Sausage & Biscuit Gravy Cereal & Toast Poptart	Breakfast Pizza or *Yogurt/Granola Parfait Cereal & Toast Poptart	Donut Cereal & Toast Poptart	Pancake/Sausage on a Stick or *Yogurt/Granola Parfait Cereal & Toast Poptart	Scrambled Eggs & Toast Cereal & Toast Poptart
Lunch Week 1	Chicken Tenders or Turkey Sandwich Mashed Potatoes Peas Vegetable Juice Diced Peaches Fresh Fruit Biscuit	Sloppy Joe or Corn Dog Baked Beans Fresh Vegetable Cup w/Dip Vegetable Juice Applesauce Fresh Fruit	Cheese Pizza or Pepperoni Pizza Corn Carrots w/Dip Vegetable Juice Pears Fresh Fruit	Cheezy Bread or Chicken Quesadilla Baked Potato Steamed Broccoli (Cheese Sauce) Vegetable Juice Diced Peaches Fresh Fruit	Cheeseburger or Hot Ham & Cheese Sandwich Seasoned Spiral Fries Green Beans Vegetable Juice Applesauce Fresh Fruit Chocolate Chip Cookie
Lunch Week 2	Chicken Chunks or Turkey Sandwich Mashed Potatoes Green Beans Vegetable Juice Diced Peaches Fresh Fruit Roll	Chicken Sandwich or Calzone Potato Cubes Steamed Broccoli (Cheese Sauce) Vegetable Juice Applesauce Fresh Fruit	Pepperoni Pizza or Cheese Stuffed Sticks Corn Romaine Salad Vegetable Juice Pears Fresh Fruit	Taco or Pizza Quesadilla Lettuce/Tomato/Cheese Baked Potato Salsa Diced Peaches Fresh Fruit Sugar Cookie	Hot Dog & Chili or Corn Dog Oven Fries Baked Beans Vegetable Juice Applesauce Fresh Fruit
	Daily Milk Choices: 1% Unflavored Milk Fat-Free Flavored Milk Fat-Free Unflavored Milk	Daily Fruit & Juice Choices: Fruit Cup Fresh Fruit Apple Juice Grape Juice Orange Juice	This menu is subject to change based on available food items.	Students must choose ½ cup fruit daily at breakfast and ½ cup fruit or vegetables daily at lunch.	

This institution is an equal opportunity provider